

# Arrowhead Field Hockey

## 2026 Spring League

Join the AHS field hockey staff for a league full of skills instruction, drills, and scrimmages!

**WHO:** Girls in grades Kindergarten through 8<sup>th</sup>

**WHEN:**

- Sundays starting April 12<sup>th</sup> and concluding May 17<sup>th</sup> (league will be on Saturday from 9-11 AM for Mother's Day weekend)
- Session 1: Grades K-4<sup>th</sup> from 2-3 PM
- Session 2: Grades 5<sup>th</sup>-8<sup>th</sup> from 3-4 PM

**WHERE:** Arrowhead's Taraska Stadium (turf field)

**COST:** \$75 if player already has an Arrowhead Field Hockey pinnie; \$100 if pinnie is needed

**REQUIRED EQUIPMENT:** shinguards (must come to the knee), mouth guard, athletic attire, soccer cleats or athletic shoes, water; sticks will be available to borrow

**\*\*Sign up is allowed up to the first day of league play!! Checks payable to Melissa Brengosz\*\***



## **ARROWHEAD FIELD HOCKEY 2026 SPRING** **LEAGUE REGISTRATION FORM**

Player name:

Grade and school:

Session number (1 or 2):

Primary email address:

Primary phone number:

Pinnie size (new players only; AXXS/AXS, AS/M, or AL/XL):

**I approve of my child participating in this league and release the staff and Arrowhead High School of any liability. I also acknowledge that I must have adequate health insurance to cover any injuries that may result from this league.**

PARENT SIGNATURE:

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\*\*\*Send completed form and payment to the following address:

Melissa Brengosz  
288 N Lapham St  
Oconomowoc, WI 53066